

## CONDITIONS WE TREAT

### SPINE

OA, DDD, Disc Herniation, Fusion

### HIPS

Hip Replacement, Bursitis

### KNEES

Meniscus, ACL, Knee Replacement

### ANKLES

Sprains, Achilles, Plantar Fasciitis

### SHOULDERS

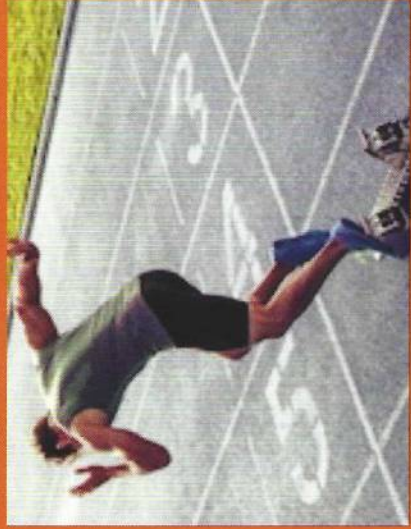
Rotator Cuff, Frozen Shoulder

### ELBOWS

Tennis Elbow, Golfer's Elbow

### HANDS

Carpal Tunnel, Wrist Fractures



We treat other medical conditions not seen above, please call the office for a full list.

## DOCTOR OF PHYSICAL THERAPY

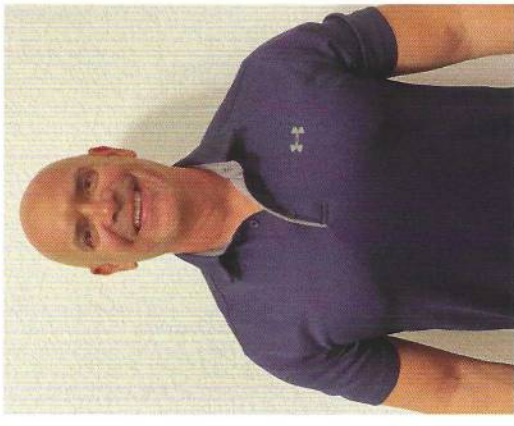


### Kristen A. Classen

Kristen has over 12+ yrs of experience working in the physical therapy field and 20+ yrs in personal training. She graduated with her doctorate in physical therapy from UMASS, MA. She tutors medical students to improve their knowledge of health, wellness, and physical therapy. Hobbies include running, singing, and spending time with family, friends & her dogs.



## PHYSICAL THERAPIST



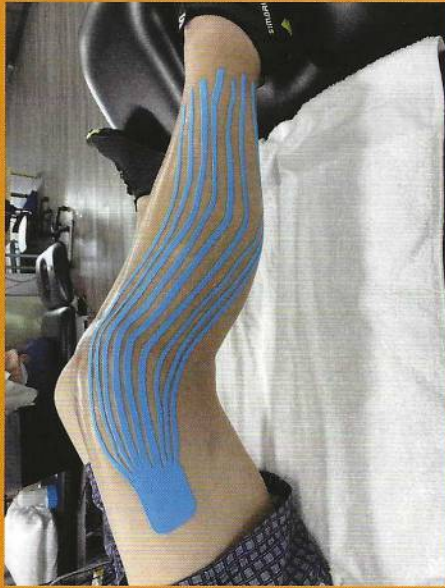
### William Classen

William has over 10+ yrs of physical therapy experience and 6+ yrs managing a successful outpatient clinic in the Boston area. He graduated from Mount Washington College, NH with a physical therapy degree. Prior to therapy he invested in his health by researching nutrition and becoming a personal trainer. He enjoys spending time with his family, working out, & playing bass.

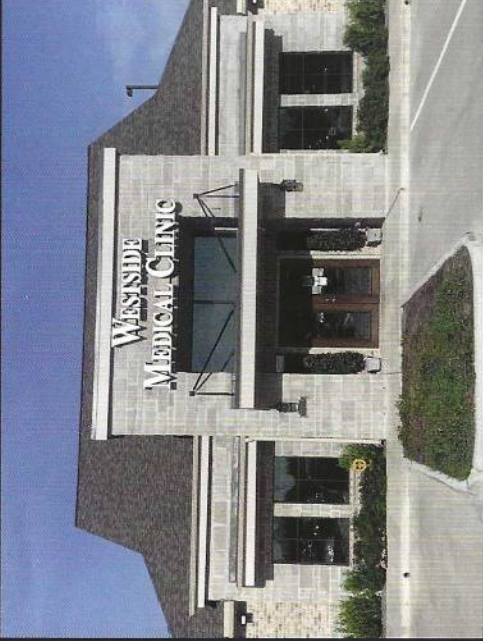


## OUR MISSION

To deliver excellent care starting with a holistic evaluation including neurological and orthopedic examination. We create a specialized treatment plan to address findings. Next, we commit to focusing one-on-one with each patient in order to empower them to reach their goals. Finally, we offer continued health programs to prevent future injuries and maintain levels of function.



**\*\*English & Spanish  
Speaking Therapist Available\*\***  
[www.1stclassenpt.com](http://www.1stclassenpt.com)



## HOURS OF OPERATION

| DAYS      | HOURS            |
|-----------|------------------|
| Monday    | 7:30am - 4:30pm  |
| Tuesday   | 7:30am - 4:30pm  |
| Wednesday | 7:30am - 4:30pm  |
| Thursday  | 7:30am - 4:30pm  |
| Friday    | 7:30am - 12:30pm |
| Saturday  | Seasonal By Appt |
| Sunday    | Closed           |

**p.281.435.5732 • f.281.829.4567**  
[info@1stclassenpt.com](mailto:info@1stclassenpt.com)

23215 Red River Road, Katy, TX 77493



# 1st Classen Physical Therapy

WITH YOU EVERY STEP OF THE WAY

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